

# Your Doctor Discussion Guide

As soon as you suspect your child might be showing symptoms of central precocious puberty (CPP), you should talk with your child's doctor. Good communication with your doctor is essential. Use this Doctor Discussion Guide to help you have a productive conversation.

## Discovery:

- Do you see signs of early puberty (CPP) in my child?
- What are the long-term problems associated with CPP?
- Will it go away on its own?
- Is CPP treatable?

## Next Steps:

- Can you diagnose my child or should I see a specialist?
- What tests can determine if my child has CPP?
- Does my child need all those tests?

## Treatments:

- What are our treatment options?
- What are the risks and benefits of each treatment?
- How long will my child need treatment?
- Will you need to monitor my child during treatment? How often?

## The Future:

- How long will it take for my child to return to normal development?
- Can my child experience childhood like other kids?
- Will treatment now affect my child's future?

## Notes