**Tanner Stages for Girls**

**Breast development**

- **Stage 1 (Prepubertal)**
  No breast development, only the nipple is raised.

- **Stage 2**
  Breast bud stage. There is elevation of the breast and nipple as a small mound and enlargement of the areola diameter.

- **Stage 3**
  Further enlargement of the breast and areola with no separation of their contour.

- **Stage 4**
  The nipple and areola project to form a second mound above the level of the breast.

- **Stage 5 (Mature adult)**
  Projection of the nipple only. The areola now shares the general contour of the breast. There is no longer a second mound as in stage 4.

**Pubic hair growth**

- **Stage 1 (Prepubertal)**
  No pubic hair. The vellus (fine hair) is not further developed than that on the abdomen.

- **Stage 2**
  Sparse growth of long, slightly pigmented, downy hair, straight or only slightly curled, appearing mostly along the labia.

- **Stage 3**
  Considerably darker, coarser, and more curled hair that is beginning to spread across the pubic area.

- **Stage 4**
  The hair is now more like adult pubic hair, but the area it covers is smaller compared to most adults.

- **Stage 5 (Mature adult)**
  The hair is now like adult pubic hair in both type and quantity. It is distributed in the classic triangle pattern and has spread to the inner thigh area.

**References:**

This content has been created for US residents. It is intended for informational purposes only, and should not be used to replace a discussion with a healthcare professional. All decisions regarding patient care must be handled by a healthcare professional, and be made based on the unique needs of each patient.